

CKSS 2014 Muscle Origin, Insertion and Function Presentations

Purpose of Presentation:

To help students identify major muscles and their origins, insertions, function and a most excellent example of this muscle in action

Procedure:

1. Each presentation will consist of groups of 2 or one
2. The group will choose one muscle different from everyone else in the class on page 3.6 of the exercise science workbook and present it to the class which will including a model highlighting there muscle with it painted on their body and a power point that clearly illustrates the insertions and functions of their muscles
3. Furthermore on the day of the presentation the presenter will have to demonstrate the muscle's action and a example of when it origin, insertion and function using power point slides and paint that will represent the muscle on the person modeling the muscle and its function
4. If two groups want same muscle rocks, paper scissors (best 2/3) will determine who gets that muscle

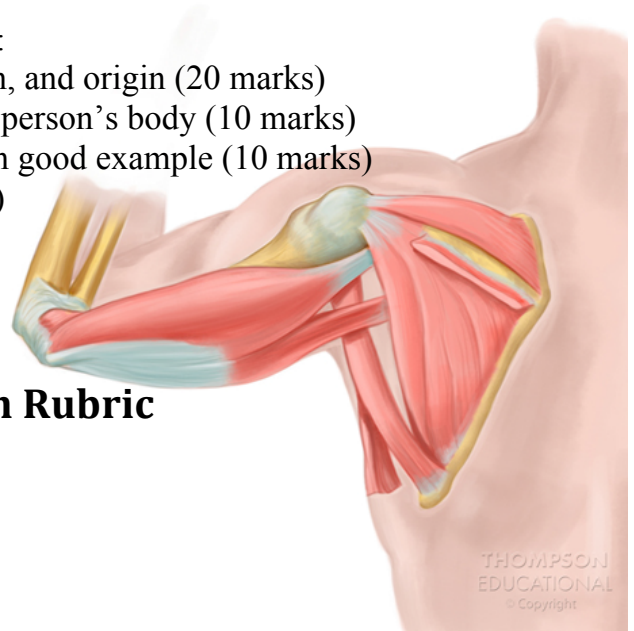
Evaluation:

Marks will be given for the following /50 marks:

- use of Power Point to demonstrate insertion, and origin (20 marks)
- how closely the muscle was painted on the person's body (10 marks)
- demonstrating the action of the muscle with good example (10 marks)
- Audience for other presentations (5 marks)
- Self evaluation (5 marks)

Resource – Exercise Science Text pg. 46-61

Please see next page for presentation Rubric



CKSS 2014 Muscle Origin, Insertion and Function Presentations Rubric _____ / 50 marks

Presenter: _____ Date: _____

Presenter: _____

Criteria	Marking Scheme
<p>Power Point :</p> <ul style="list-style-type: none"> <input type="checkbox"/> Presentation clearly states and develops <ul style="list-style-type: none"> i. Origin of muscle ii. Insertion of muscle iii. Shows excellent knowledge of topic- flows together well; good transitions-well organized iv. effective use of technology/visuals e.g. Power Point 	5 10 15 20
<p>Accuracy of Muscle Painted on Models body:</p> <ul style="list-style-type: none"> <input type="checkbox"/> How closely the muscle was painted on the person's body 	1 3 5 8 10
<p>Demonstrating Action of the muscle:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Demonstrating the action of the muscle <input type="checkbox"/> Use excellent example to demonstrate action of muscle 	1 3 5 8 10
<p>Audience Behaviour</p> <ul style="list-style-type: none"> <input type="checkbox"/> Demonstrates respect during other classmates presentation 	1 3 5
<p>Self Evaluation</p> <ul style="list-style-type: none"> <input type="checkbox"/> Honest assessment of your presentation 	1 3 5
<p>Comments:</p>	<p>Total _____ / 50</p>
<p>Students Assessment of Presentation</p>	